## 2017 Break Week Schedule

## **Recreational Athletics Group Exercise** March 27-31

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning					Morning
	DODANI ADEM	CORE CONDUTIONING	CODE CONDUCTONING	CODE CONDUMONING	D ODANIA MANA
Afternoon	BODYPUMP <sup>TM</sup>	CORE CONDITIONING		CORE CONDITIONING	BODYPUMP <sup>TM</sup>
	12-12:45pm LAUREN RM 218	12-12:30pm IOHANNA RM 218	12-12:30pm JOHANNA RM 218	12-12:30pm IOHANNA RM 218	12-12:45pm LAUREN RM 218
		CARDIO 'N' TONE	BODYCOMBAT <sup>TM</sup>	CARDIO 'N' TONE	LAUREN RM 218
		12:30-1:30pm	12:30-1:30pm	12:30-1:30pm	n
		JOHANNA RM 218	JOHANNA RM 218	JOHANNA RM 218	
Evening	CYCLE 45	CYCLE	BODYPUMP™	CYCLE 45	BODYPUMP™
	4:30-5:15pm	5:30-6:15pm	5:30-6:30pm	5:30-6:15pm	5:30-6:30pm
	KATIE RM 210	NICOLE RM 216	LAUREN RM 216	NICOLE RM 216	IAN RM 216
	нігт	VINYASA YOGA	BODYCOMBAT™	VINYASA YOGA	IAN RM 216
	5:30-6:15pm	6:30-7:30pm	6-7pm	6:30-7:30pm	
	COLLEEN RM 218	ASHLEY RM 216	APRIL RM 218	ASHLEY RM 218	



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