

Elizabeth Elaine Foster

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EDUCATION

Drexel University, Philadelphia, PA

M.S. in Clinical Psychology, December 2010

Ph.D. in Clinical Psychology, Forensic Psychology emphasis, expected June 2013

Tufts University, Medford, MA

B.A. in Psychology, Cum Laude, May 2006, GPA 3.5

SENIOR HONORS THESIS (awarded honors):

College Education Programs in Prison: Addressing the Societal Stigma of Incarceration

CLINICAL EXPERIENCE

Clinical Associate, *Nezu Psychological Associates*, Philadelphia, PA (Summer 2011 – Summer 2012)

- Assess a range of psychopathologies in adults in Dr. Christine Nezu's private practice
- Form case conceptualizations, clinical treatment plans, and implement interventions (using evidence-based treatments including cognitive-behavioral therapy and problem-solving therapy)

Therapist, *Philadelphia VA Medical Center – Sleep Center*, Philadelphia, PA (Summer 2011 – Summer 2012)

- Assess, diagnose, and treat sleep disorders in a veteran population
- Administer cognitive-behavioral treatment for insomnia and conduct imagery rehearsal for veterans

Therapist, *Anxiety Treatment and Research Program*, Philadelphia, PA (Summer 2010 – Present)

- Administer acceptance and commitment therapy (ACT) and cognitive-behavioral therapy (CBT) treatments, utilizing exposure exercises and social skills training, for clients diagnosed with social phobia
- Conduct exposure and response prevention (ERP) with adults with obsessive-compulsive disorder via videoconference
- Conduct assessments and administer one time interventions utilizing ACT and CBT for clients with anxiety related to public speaking
- Administer assessments (e.g. SCIDs)
- Supervise beginning therapists

Clinical-Forensic Intern, *Forensic Assessment Clinic*, Philadelphia, PA (Summer 2010 – Summer 2011)

- Assisted Dr. Kirk Heilbrun with forensic mental health assessments of juveniles and adults
- Administered testing (e.g. intelligence and personality tests, symptom inventories, and risk assessments) and wrote reports

Clinical Intern, *Bo Robinson Assessment & Treatment Center*, Trenton, NJ (Summer 2009 – Summer 2010)

- Provided individual counseling, group therapy, and monitored a caseload of incarcerated men
- Administered forensic risk assessments to incarcerated men and women
- Wrote reports regarding risks and amenability of incarcerated men and women

Clinical-Forensic Assistant, *Drexel University*, Philadelphia, PA (Fall 2008 – present)

- Assist Dr. David DeMatteo with forensic mental health assessments of juveniles and adults
- Develop test batteries, assist with evaluations, and assist with writing forensic reports

Senior Honors Thesis, *Tufts University*, Medford, MA (Fall 2005 – Spring 2006)

- Interviewed ex-convicts about their experiences prior, during, and post incarceration
- Surveyed students about the stigma of incarceration

Residential Assistant, *Tufts University*, Medford, MA (Fall 2004 – Spring 2005)

- Monitored emotional and physical well-being of 40 students
- Designed and executed programming; resolved conflict
- Served as liaison to university administration

Outreach Intern, *Brooklyn Children's Museum*, New York, NY (Summer 2005)

- Visited underprivileged areas of Brooklyn to provide educational opportunities for at risk youth

RESEARCH EXPERIENCE

Research Associate/Neuroimaging Coordinator, *UCLA Department of Neurology*, Washington, DC (June 2007 – July 2008)

- Coordinated a multi-center, randomized, phase II clinical trial of stroke
- Worked in collaboration with the NIH Stroke team and Neurologists from Georgetown University School of Medicine
- Traveled across nation and presented on a study about stroke treatment to Neurologists, Interventionalists, and Radiologists
- Attended case conferences, journal clubs, and frequently attended rounds on the stroke unit

Research Assistant, *Brown Medical School/Miriam Hospital*, Providence, RI (June 2006 – June 2007)

- Ran endocrine-cardiovascular stress protocol for research projects examining connections between prenatal smoking and maternal depression on stress reactivity in children
- Supervised and trained undergraduates on use of SPSS and lab protocol
- Coauthored and reviewed journal articles; submitted posters for submission to conferences

Summer Scholar, *Tufts University*, Medford, MA (Summer 2005)

- Selected in highly competitive process to conduct research
- Researched with philosophy professor theories of punishment in criminal justice system
- Critiqued segments of professor's manuscript

Research Assistant, *Psychology Department, Tufts University*, Medford, MA (Fall 2004 – Spring 2005)

- Assisted professor in running social psychology experiments on memory and self-worth

PROFESSIONAL EXPERIENCES

Student Reviewer, *Law and Human Behavior* (Summer 2010-Summer 2011)

- Reviewed manuscripts to determine which should be included in this journal

Prospectus/Manuscript Reviewer, *John Wiley & Sons, Inc.* (Fall 2008)

- Assisted in reviewing a book manuscript as part of the publication process

Proposal Reviewer, *American Psychology-Law Society (APA Division 41) Conference* (Fall 2008 - present)

- Review poster and paper proposals to determine which would be presented at the Annual Conferences of the American Psychology-Law Society

Communications Intern, *Partakers*, Auburndale, MA (Fall 2005 – Spring 2006)

- Worked closely with staff at nonprofit aimed at helping offenders earn college degrees
- Created a reentry booklet for offenders

Intern, *PAX – Real Solutions to Gun Violence*, New York, NY (Summer 2005)

- Researched cases of school shootings in America
- Prepared press releases, contacted newspapers, radio, and television stations

PEER-REVIEWED PUBLICATIONS

Shah, S., Burl, J., Filone, S., **Foster, E.**, & DeMatteo, D. (2012). A survey of graduate training programs and coursework in forensic psychology. *Teaching of Psychology*, 39, 48-53.

Cox, J., DeMatteo, D., & **Foster, E. E.** (2010). The effect of the Psychopathy Checklist-Revised in capital cases: Mock jurors' responses to the label of psychopathy. *Behavioral Sciences and the Law*, 28, 878-891.

DeMatteo, D., Batastini, A., **Foster, E.**, & Hunt, E. (2010). Individualizing risk assessment: Balancing idiographic and nomothetic data. *Journal of Forensic Psychology Practice*, 10, 360-371.

Stroud, L., **Foster, E.**, Papandonatos, G. D., Handwerger, K., Granger, D. A., Kivlighan, K. T., & Niaura, R. (2009). Stress response and the adolescent transition: Performance versus peer rejection stress. *Development and Psychopathology*, 21, 47-68.

BOOK CHAPTERS

Bersoff, D. N., DeMatteo, D., & **Foster, E. E.** (2012). Assessment and testing. In S. J. Knapp, M. C. Gottlieb, M. M. Handelsman, & L. D. VandeCreek (Eds.), *APA handbook of ethics and psychology: Volume 2 (practice, teaching, and research)*. (pp. 45-74). Washington, DC: American Psychological Association.

POSTERS, PRESENTATIONS, AND OTHER PUBLICATIONS

Glassman, L. H., M.S., Matteucci, A. J., Forman, E., Ph.D., Herbert, J., Ph.D., Izzetoglu, M., Ph.D., Bradley, L. & **Foster, E.** M.S. Relationships between acceptance-related constructs, anxiety, and speaking performance in public speaking anxiety. Poster presented at the 10th World Conference of the Association of Contextual and Behavioral Sciences, Washington, D.C.

Strohmaier, H., Murphy, M., Galloway, M., Filone, S., **Foster, E.**, & DeMatteo, D. (2012). *Effects of gender on reported safety of forensic psychology graduate students and early career professionals*. Paper presented at the 2012 American Psychological-Law Society Conference (APLS), San Juan, PR.

Foster, E., & DeMatteo, D. (2012). *College education programs in prison: Addressing the societal stigma of incarceration*. Poster presented at the 2012 American Psychological-Law Society Conference

(APLS), San Juan, PR.

Filone, S., **Foster, E.**, Murphy, M., Strohmaier, H., Galloway, M., & DeMatteo, D. (2012). *Effects of safety training on reported safety violations among young professionals in forensic psychology*. Poster presented at the Drexel University Research Day 2012, Philadelphia, PA.

Lizzy Foster practitioner profile. In T.J. Trull (in press), *Clinical Psychology* (8th ed). Belmont, CA: Wadsworth Pub. Co.

Milillo, J., Hayley-Glassman, L., Bradley, L., **Foster, E.**, Matteucci, A., Izzetoglu, M., Forman, E., & Herbert, J. (2011, November). *Efficacy and feasibility of fNIRS in anxious populations*. Poster presented at the 45th Annual Association for Behavioral and Cognitive Therapies (ABCT) Conference, Toronto, Canada.

Foster, E., & Murphy, M. (2011, April). *An examination of job burnout among correctional staff*. Poster presented at the 6th Annual Philadelphia Area Psi Chi Psychology Research Day, Philadelphia, PA.

Shah, S., **Foster, E.**, & Heilbrun, K. (2011, April). *The role of empathy and acceptance of responsibility in assessment and treatment of juvenile offenders*. Poster presented at the Drexel University Research Day 2011, Philadelphia, PA.

Foster, E. E., & DeMatteo, D. (2011, March). *Character evidence: How expert testimony and rebuttals influence juror-decision making*. Poster presented at the 2011 American Psychological-Law Society Conference (APLS), Miami, FL.

Goodwin, C.L., Forman, E.M., Butryn, M.L., Herbert, J.D., Ledley, G.S., Yuen, E.K., Park, J.A., Goldstein, S., Gamber, R.A. & **Foster, E.** (2010) *Project ABLE: An ABBT-based lifestyle modification program for cardiac patients. A preliminary investigation*. Poster presented at the annual meeting of the Philadelphia Behavior Therapy Association, Philadelphia, PA.

Foster, E. E., Riggs Romaine, C. L., & DeMatteo, D. (2010, April). *ADHD, IQ, and frequency of delinquency in male juvenile offenders*. Poster presented at the Drexel University Research Day 2010, Philadelphia, PA.

Ahmed, G., Riggs Romaine, C. L., **Foster, E. E.**, Hunt, E., & Goldstein, N. (2010, April). *The relationship between mental health disorders and substance use in juveniles charged as adults in the criminal justice system*. Poster presented at the Drexel University Research Day 2010, Philadelphia, PA.

Keesler, M., Laughon, P., **Foster, E.**, Batastini, A., & DeMatteo, D. (2010, March). *Capital Jury Agreement with mitigating factors: The relationship between rate of agreement and ultimate sentence recommendation*. Paper presented at the 2010 American Psychological-Law Society Conference (APLS), Vancouver, Canada.

Riggs Romaine, C., Ahmed, G., Hunt, E., **Foster, E.**, & Goldstein, N. (2010, March). *To Juvenile or Adult Court? Factors Associated with Judicial Decision-Making in Decertification Hearings*. Paper presented at the 2010 American Psychological-Law Society Conference (APLS), Vancouver, Canada.

DeMatteo, D., Moore, J., Keesler, M., Nwoga, L., Burl, J., & **Foster, E.** (2009, August). *Psychopathy evidence in capital cases: Probative value vs. prejudicial impact*. Paper presented at the

117th Annual Convention of the American Psychological Association (APA), Toronto, Canada.

Kidwell, C., Jahan, R., Starkman, S., Alger, J., Guzy, J., Hsia, A., **Foster, E.**, Schaewe, T., Saver, J., & MR RESCUE Investigators (2008, February). *MR and recanalization of stroke clots using embolectomy*. Poster presented at the 2008 International Stroke Conference, New Orleans, LA.

Foster, E., Ladd, B., & Stroud, L. (2007, March/April). *Associations between adrenocortical and (self-reported) affective responses to laboratory stressors in adolescents*. Poster presented at the 2007 Society for Research in Child Development Biennial Meeting, Boston, MA.

Stroud, L., Handwerger, K., **Foster, E.**, & Niaura, R. (2007, March/April). *Development of a novel laboratory social rejection stress paradigm: Validation and links to risk for depression*. Paper presented at the 2007 Society for Research in Child Development Biennial Meeting, Boston, MA.

IN PREPARATION

Foster, E., DeMatteo, D., & Strohmaier, H. (paper in preparation). *The use of character evidence in criminal trials*.

Heilbrun, K., Shah, S., **Foster, E.**, Keesler, M., & Brooks, S. (paper in preparation). *Empathy, acceptance of responsibility, and compelled testimony in juvenile transfer hearings: Legal context and empirical evidence*.

Foster, E., Strohmaier, H., Filone, S., Murphy, M., Galloway, M., & DeMatteo, D. (paper submitted for publication). *The importance of safety training in forensic psychology graduate programs*.

Glassman, L.H., Forman, E.M., Herbert, J.D., Bradley, L.E., **Foster, E.E.**, Izzetoglu, M., & Ruocco, A.C. (paper in preparation). *The effects of brief acceptance-based behavioral interventions vs. traditional cognitive-behavioral intervention for public speaking anxiety: Differential effects on performance and neurophysiology*.

TEACHING EXPERIENCE

PSY 360, Experimental Psychology (Summer 2011)

Instructor

Drexel University

PSY 240, Abnormal Psychology (Spring 2009)

Graduate Teaching Assistant

Drexel University

Responsibilities: Prepared and presented lectures, graded papers, proctored exams

PSY 240, Abnormal Psychology (Winter 2009)

Graduate Teaching Assistant

Drexel University

Responsibilities: Taught lab portion of course, graded papers, proctored exams

PSY, 330L, Cognitive Psychology (Fall 2008)

Graduate Teaching Assistant

Drexel University

Responsibilities: Proctored exams

AFFILIATIONS

American Psychology-Law Society (APLS), 2008 to present

American Psychological Association (APA), 2008 to present

HONORS AND CERTIFICATIONS

American Psychology-Law Society, Outstanding Student Poster Award, 2011

Drexel University, International Travel Award for Graduate Students, 2010

Drexel University, Provost Fellow, 2008-2010